

Being Alert

June is National Safety Month 2015

“What do you live for?”

By focusing on the question, “What do you live for?” National Safety Council (NSC) is bringing attention to National Safety Month. Living safely is something that impacts all individuals. Employers are asking employees to focus on personal priorities and what they live for to bring attention to the importance of safety in every aspect of their lives, including at work and at home. The goal is to remind employees that by living safely we are able to live longer and enjoy the things we value the most.

NSC publishes the Odds of Dying chart as a visual reminder of the odds from dying from a group of selected causes which are placed on the chart. The larger the representative circle, the greater the odds of an individual dying from that cause. See the chart [here](#) or view another form of the chart with additional odds [here](#). While not all causes of death are listed, one fact remains, Americans often worry about the wrong things and should remember that everyday hazards pose a greater risk to our safety. Use the [Odds of Dying Poster](#) or this [video](#) featuring Ken Kolosh on the Discovery Channel show, “Insane Jobs,” to remind employees about the importance of following general safety tips daily. Some safety tips that all can follow are given at the bottom of the poster.

Alert on the Job

Are you alert at work? Are you aware of your surroundings? Are you mindful of others working on the jobsite? Being alert means not only paying attention, but also means protecting yourself from fatigue. There are several ways an employee can stay alert on the job. Remember, fatigue or a lack of concentration can lead to errors, accidents and injuries.

Being alert on the job, also brings on additional responsibilities for supervisors. Supervisors are to be mindful of their employees, illnesses, injuries or possible concerns relating to alcohol or drug use while an employee is at work. Current policies are available for review and discussion by contacting your HR Partner.

[More Details](#) A 5-minute safety talk on being alert.



Injury and Illness

Each year statistics are gathered to determine the most reported workplace injuries and illnesses. Much of this data is gathered from injury reports and from insurance companies. Below is a list of the top ten most common workplace injuries. While these injuries may swap places they rarely disappear from the list.

1. Overexertion (lifting, pushing, pulling, etc.)
2. Fall on Same Level Surface
3. Fall to Lower Level
4. Bodily Reaction
5. Struck by Object
6. Struck against an Object
7. Highway Incident
8. Caught In/Compressed By
9. Repetitive Motion
10. Assaults and Violent Acts

Based upon the 2014 injuries and illnesses reported as On-the-Job Injuries (OJIs) on our campus...

22.8% injuries involve slips, trips, or falls

19.6% injuries involve motion, moving, stepping, twisting and turning

20.5% injuries involved another person (as employees assisted one another, a client, resident or were conducting training)